

@MYBEST TALKS



Inspiration to be your best



Long before the written word, communities connected, built relationships and created a sense of belonging through the exchange of spoken words. The telling of stories continues to be a powerful medium to connect us, we are drawn to hear each other's stories; we are inspired, reassured and empowered in a unique way.

In the true spirit of this tradition our @mybest TALKS are intended to recognise, strengthen and energise a community of people who want to make a difference for children and young people.

We have seen the power of sharing stories first hand, enabling the story teller to grow both personally and professionally. For the listener, it sparks moments of inspiration, given them the confidence to extend the boundaries of their own development.

Transform Trust is organizing @mybest TALKS across the year. Come and join us for our inaugural event on 1st February.

We invite you to join us for a morning of inspiration and self-development

Saturday 1 February 2020

**Nottingham Playhouse
Wellington Circus**

11am-1pm

Share in the stories of others.

Let's explore our potential and be the best we can be in all aspects of our lives.

To register your interest, please click here: <https://tinyurl.com/rxd7dt>

www.transformtrust.co.uk

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